Display of hours/minutes
Hours and minutes are shown via the analogue display, date and seconds are shown in the digital display.

Display of date/seconds and reception control (by tower)
1. Briefly press the right push button (A) to change between displays
   The date appears as: month on the left and day at the right.

2. Press the right push-button briefly once again
   The seconds are shown at the left and the “tower” is at the right.

IMPORTANT: to ensure your watch sets correctly, please complete the following steps in their exact order.

I. Setting the Time Zone
   1. Push the left recessed button (B) for 3-5 seconds or until the digital window changes. The current time zone will be shown on the left and the present hour for the corresponding time zone will be shown on the right.
   2. Tap the right push button (A) until desired time zone is reached
   3. Once you have reached your time zone, end the setting mode by briefly pushing the left recessed button (B) or waiting for longer than 15 seconds without pushing either of the buttons. This will bring the watch back to the normal display of date or seconds.

II. Setting the Time and Date
The purpose of this step is to make sure that all internal settings for the time and date are accurate and have not been inadvertently changed.

NOTE: while in this setting, keep in mind that the left recessed button (B) will bring you through the settings menu in the following order: seconds->minutes->hours->year->month->day->display of date without chance to change it->and back to seconds. The right push button (A) will be used to advance the display one step/value.
1. To enter the manual setting, press and hold the right push button (A) and the left recessed button (B) at the same time for about 3 seconds, or until the seconds begin to flash in the digital window.
2. Once the seconds begin to flash, release both buttons.
3. Tap the left recessed button (B) once and the time will appear in the display with the minutes flashing.
4. Change to the appropriate minutes by tapping the right push button (A).
5. Once the minutes are correct, tap the left recessed button (B) to display the current hour.
6. Tap the right push button (A) to change to desired hour. NOTE: make sure that if it is morning that there is an “A” displayed on the right side of the screen.
7. Once the hour is correct, tap the left recessed button (B) to view the year.
8. If the year is incorrect, tap the right push button (A) until desired year is reached.
9. Once the year is correctly set, tap the left recessed button (B) to display the date. The month will be flashing.
10. Tap the right push button (A) to set desired month.
11. Once month is set, tap the left recessed button (B) to display the date.
12. Tap the right push button (A) to set desired date.
13. Wait 10-15 seconds for your watch to time out and go back to the original display of seconds/date.

III. Manually Finding the Atomic Signal
1. Press the right push button (A) for 3-5 seconds until the hands begin to move. Let go of the right push button (A) when the hands begin to move. The hands should set to the 12:00 position and the digital window will display “SET” and “12.”
   Note: Should the hands not set to exactly 12:00, you will need to manually adjust your hands. (See below)

   Manually Adjusting the Hands
2. If the hands do not initially stop moving at 12:00, immediately press and hold the left recessed button (B). Doing so will put you in control of where the hands are going.
3. Continue holding the left recessed button (B) until 11:55. At 11:55 let go of the left recessed button (B) and just tap it in and out until you get the hands to 12:00.
4. Once at 12:00, do not touch anything! The hands will move on their own and your time will set correctly.

FEATURES

- Titanium Case
- Atomic movement
- Synchronizes the time with the atomic clock in CO twice daily
- Water resistant up to 3ATM
- Battery: CR-20253V