A - Start/Stop Button

WATCH DISPLAY

- B Crown
- C Reset Button
- D Digital Time
- E Real-Time/Mode Button
- F Backlight Button
- G AM/PM or 24H Format Indicator

TIME SETTING

TO SET THE TIME – ANALOG

- 1. Pull the crown (part B) out to position "1" and rotate it to the desired time.
 - crown back into "0" (zero) position.

TO SET THE DIGITAL TIME & DATE

- 1. Press and hold the Reset Button (part C) for two seconds to enter the Time Setting Mode. The second digits will start 4. Press the Reset Button (part C) when finished 5. To record split times, press the Reset Button to blink. Select an item in the following sequence by pressing the Real-Time/ Mode Button (part E):
- Hour Minute Year Month Date
- 2. Press the Start/Stop Button (part A) to adjust each selection above.
- 3. Press the Reset Button (part C) to return to Real-Time display.

NOTE: Press Button A in Real-Time mode to switch between 24H or AM/PM format.

TIME SETTING (Dual-Time)

TO SET THE TIME - ANALOG

- times to enter the Dual-time mode.
- 2. Once the correct time is set, push the 2. Press and hold the Reset Button (part C) for 2. To start counting, press the Start/Stop Button two seconds to adjust the setting, and the Hour digits will start to blink.
 - 3. Press the Start/Stop Button (part A) to adjust the selected items. Use the Button (E) to 4. Press the Reset Button (part C) to reset the move between the Hour and the Minute.
 - setting the time.
 - 5. Press the Real-Time/Mode Button (part E) twice to return back to the Real-Time 6. To exit the stopwatch mode press the display.

USING THE CHRONOGRAPH

TO SET THE CHRONOGRAPH

- 1. Press Real-Time/Mode Button (part E) three 1. Press the Real-Time/Mode Button (part E) twice to enter Stopwatch mode.
 - (part A).
 - 3. To stop counting, press the Start/Stop Button (part A).
 - stopwatch to "00."
 - (part C) while the stopwatch is running to turn the split timer on/off.
 - Real- Time/Mode Button (part E) three times to return to the real-time mode.

USING THE ALARM

TO SET THE DAILY ALARM/CHIME

- 1. Press the Real-Time/Mode Button (part E) once to enter Alarm mode. Hour digit will blink.
- 2. Press and hold the Reset Button (part C) for two seconds. The Hour digits will start to blink. Press the Real-Time/Mode Button (part E) to selected between Hour/Minute/Month/ Date. Press the Start/Stop button (part A) to adjust the flashing item.
- 3. Once the time has been set, press the Reset Button (part C) to turn the alarm on.
- 4. To exit the alarm mode press the Real-Time/Mode Button (part E) four times. Watch will return to the real-time display.
- 5. To turn the alarm off, press the Start/Stop Button (part A).

TO SET THE HOUR CHIME

- 1. Press the Start/Stop Button (part A) to enter Hourly Chime mode.
- 2. Press the Reset Button (part C) to turn the function ON/OFF.
- 3. Press the Start/Stop Button (part A) to exit the Hourly Chime mode.
- 4. Press the Real-Time/Mode Button (part E) four times to return back to Real-Time display

TO SET THE TIMER

- 1. Press the Start/Stop Button (part A) to adjust to the time to your desired digits.
- 2. Press the Reset Button (part C) to confirm your setting.
- 3. To Start/Stop the timer press the Start/ Stop Button (part A) while you are in the timer mode.
- 4. Press the Real-Time/Mode Button (part E) one time to return back to the Real-Time display.



INSTRUCTION MANUAL

