

Sports Digital Watch Instruction C-series



NOTE: The display layout may vary between models, but the functionality and settings remain consistent.

- **(M) MODE** – Switches between different modes: Time, Stopwatch, Alarm, and Time/Date.
- **(S) START** – Adjusts time settings when in time-setting mode; starts/stops stopwatch.
- **(R) RESET** – Moves between settings when adjusting time and resets the stopwatch.
- **(L) LIGHT** – Turns on the backlight for 3 seconds.

✦ **TIP:** In Time Display Mode, press **(S)** to display Date, and press **(R)** to show Alarm Time.

1. Setting the Time & Date

1. Press **MODE (M)** three times until the **seconds** start blinking.
2. Press **START (S)** to reset the seconds to "00".
3. Press **RESET (R)** to move through the settings in this order:
 - **Minute → Hour → Date → Month → Day of the Week**
4. Press **START (S)** to adjust each value.
5. Press **MODE (M)** to save and return to normal time mode.

Switching Between 12-Hour and 24-Hour Display:

1. Press **(M)** three times to enter **Time Adjust Mode**. [**Seconds** start blinking]
2. Press **(R)** twice to navigate to the **Hour Adjust State**.
3. Press **(S)** repeatedly until the **12/24-hour format** appears on the screen.
4. Once the desired format is selected, press **(M)** to return to the normal time display mode.

✦ **TIP:** If the watch is in **12-hour mode**, look for the **AM/PM** symbol.

2. Setting the Alarm

1. Press **MODE** twice** to enter **Alarm Mode** (look for the alarm symbol).
2. Press **START** to adjust the alarm **hour**.
3. Press **RESET** to switch to **minutes**.
4. Press **START** to adjust the minutes.
5. Press **MODE** to save and return to normal time.

Turning the Alarm ON/OFF:

1. In **Normal Time Display Mode**, press and hold **RESET (R)**.
2. While holding **RESET (R)**, press **START (S)** to toggle the alarm ON or OFF.
3. When the alarm is OFF, the **alarm icon** will disappear from the display.

✦ **TIP:** Press **START (S)** to snooze the alarm for 5 minutes. Press **RESET (R)** to turn the alarm off.

3. Turning the Hourly Chime On/Off

1. In **Normal Time Display Mode**, press and hold **RESET (R)**.
2. While holding **RESET (R)**, press **MODE (M)** to toggle the alarm ON or OFF.
3. When the alarm is **ON**, the **Day of the Week panel** will be highlighted or shown on display.

✦ **TIP:** The **Hourly Chime** beeps once every hour when activated.

4. Using the Stopwatch

1. Press **MODE (M)** Once to enter **Stopwatch Mode**.
2. Press **START (S)** to **start/stop** the stopwatch.
3. Press **RESET (R)** to reset the stopwatch to 00:00.
4. Press **MODE (M)** to return to normal time.

✦ **TIP:** The stopwatch counts to **59 minutes, 59 seconds**.

5. Turning on the Backlight

- Press **LIGHT (L)** to illuminate the screen for **3 seconds**.


✦ **TIP:** Using the light frequently will drain the battery faster.

NOTICE:

- Do not open the cover yourself; seek a specialist for battery replacement.
- Water Resistance: Suitable for daily use (splash and rainproof) but do not submerge in water.
- Avoid extreme heat, cold, or high-vibration environments.
- Do not expose to strong electric fields, static, or high-frequency cycles.
- Keep away from gasoline, detergents, adhesives, and spray agents.
- Wipe with soft cloth and clean water—do not use chemicals.
- Avoid dropping, shaking, or excessive force on the watch.
- Do not open the cover as it contains precision electronic components.

Battery Type: CR2025

Nominal Voltage: 3V

 WARNING	
<ul style="list-style-type: none">• INGESTION HAZARD: This product contains a button cell or coin battery.• DEATH or serious injury can occur if ingested.• A swallowed button cell or coin battery can cause Internal Chemical Burns in as little as 2 hours.• KEEP new and used batteries OUT OF REACH of CHILDREN• Seek immediate medical attention if a battery is suspected to be swallowed or inserted inside any part of the body.	